

PARENT PROGRAMS



ParentTeenFocus specializes in empowering parents & teens, schools & community organizations throughout the transition into adolescence (grades 5-8).

Program Features

- 4 workshops per program (60-90 mins)
- Offered weekly
- Online or in person
- Practical support
- Concrete tools
- Effective strategies
- Integration exercises: practice & role-play
- Built on +30,000 hours of experience

PROGRAM A :

"WHAT?! ALREADY!? PREPARING FOR THE TRANSITION INTO ADOLESCENCE"

- Preteen Developmental Stages & Needs (ages 8-12)
- The Challenges Preteens & Parents Begin to Face
- Mutually Changing Roles, Expectations & Responsibilities
- High School - Here We Come!

TARGET AUDIENCE : GRADES 5+6 / PARENTS

PROGRAM B :

"WHO ARE YOU & WHAT HAVE YOU DONE WITH MY CHILD ?!"

- Preteen Developmental Stages & Needs (ages 12-14)
- The 4 Parenting Styles & Their Impacts
- Will you PLEASE GROW UP?! WAIT...Not So SOON!
- Transforming Our Values Into Family Rules

TARGET AUDIENCE : GRADES 7+8 / PARENTS

PROGRAM C :

"DISCIPLINE, CONSEQUENCES, AND LOTS OF CARROTS!"

- The Essentials of Educating Discipline & WHY !
- Learning How to Choose Your Battles
- Consequences That Make Sense (even if your teen won't admit it!)
- Consistency : A Parent's Challenge = A Teenager's Paradise 😊

TARGET AUDIENCE : GRADES 5-8 / PARENTS



For more information please visit

ParentTeenFocus.com